

Lunch Menu

Starter Selection

- Chefs Homemade Tomato & Basil Soup £4.50*
Chefs Homemade Cream of Chicken Soup £4.50
Chicken Liver Pate with Toasted Brioche £5.95
Homemade Manx Crab Cakes £6.50
Goats Cheese Tartlet £5.95
Manx Queenies with Smoked Bacon, Garlic & Cream Sauce £6.95
King Prawns in a Sweet Chilli Sauce £7.95

Homemade Salads

All served on a large bed of mixed salad with a homemade Pesto & Balsamic dressing with warm crusty roll all £6.95

- Home Cooked Ham Salad*
Spicy Chicken
Tuna Mayonnaise Salad
Goats Cheese Salad
Prawn Marie-Rose Salad
Cheese Ploughman's

Glen Helen's Fish Selection

- Large Cod in an Okells Batter served with Homemade Chips & Minted Pea £10.95*
Small Cod in an Okells Batter served with Homemade Chips & Minted Pea £7.50
A Fillet of Sea Bream on a bed of Stir Fried Vegetables & Noodles £8.25
King Prawns in a Sweet Chilli Sauce & Rice £10.95
Manx Queenies with Smoked Bacon, Garlic & Cream £9.95
Homemade Manx Crab Cakes on a bed of Stir Fried Noodles £ 9.95

Glen Helen's Traditional Favourites

- Homemade Beef Lasagne served with Garlic Bread £8.95*
Home Cooked Ham & Egg served with Homemade Chips £6.95
Chicken Stir Fry with Noodles £ 7.95
Beef Stir Fry with Noodles £8.25
Homemade Steak & Ale Pie served with Homemade Chips £8.95
Chicken Korma with Rice, Salad & Pita Bread £7.95
Sausage of the Month served on a bed of Mash with Onion Gravy £6.95

Vegetarian Selection

Spinach & Ricotta Cannelloni served with Garlic Bread £8.50

Vegetable Stir Fry with Noodles £ 6.95

Vegetable Lasagne served with Garlic Bread £8.50

Goats Cheese Salad with Crusty Roll £6.95

Cheese Ploughman's with Crusty Roll £6.95

Vegetable Burger served with Homemade Chips & Salad & Relish £6.95

Homemade Burgers

All served with a Salad garnish & Homemade Chips with Homemade Relish

Piri Piri Chicken Burger £7.50

Manx Beef Burger £7.50

Spicy Fish Burger £7.50

Vegetable Burger £6.95

Extra Toppings 50p

Cheese, Bacon, Egg or Pineapple.

The Traditional Open Door Stop Sandwich

All served with a mixed dressed Salad & Coleslaw all £5.25

Home Cooked Ham

Tuna Mayonnaise

Prawn Marie-Rose

Chicken

Cheese & Tomato

Brie & Mixed Peppers

Egg Mayonnaise

Side Orders

House Salad £2.00

Handmade Chips £2.95

Sauté Potatoes £2.50

Garlic Sauté Potatoes £2.50

Seasonal Vegetables £2.50

Garlic Bread £2.00

Garlic Bread with Cheese £2.95

Please Ask For Today's Homemade Dessert Menu

All £4.50

