

Starter Selection

Chefs Homemàde Soups:

Tomato & Basil with Garlic Bread Croutons

£3.95

Cream of Chicken with a Bread Roll

£4.25

Homemàde Manx Crab Cakes

£6.50

Served with a rocket and cucumber salad and a sweet chilli sauce

Manx Queenies

£6.95

Either with smoke bacon, garlic & cream.
Or spicy with ginger & lime

Goats Cheese Salad

£5.95

Chunks of goats cheese tossed in a mix salad and a pesto dressing

Homemàde Chicken Pàte

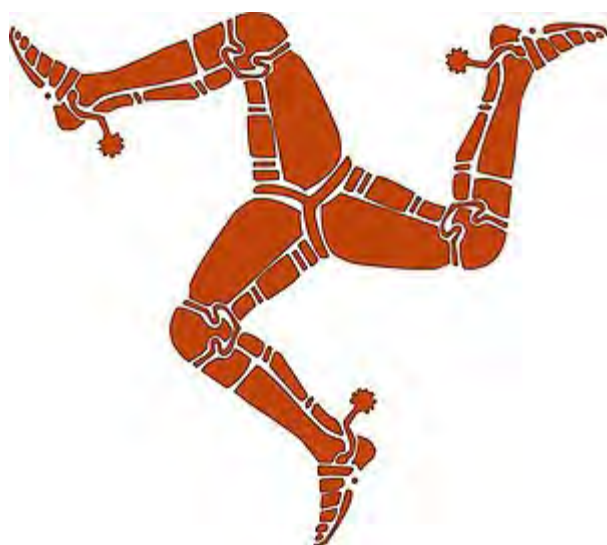
£5.95

Served with toasted brioche & crisp salad

Smoked Chicken Tart

£6.50

Smoked chicken bound in a hollandaise sauce served on a bed of mix salad



Main courses from the Char-Grill

Gammon Steak	£11.50
Caramelised Gammon Steak served with pineapple or egg	
Traditional Rib-eye Steak	£14.95
8oz Rib-eye steak cooked to your liking	
Fillet Mignon	£17.95
8oz tenderloin fillet, cooked to your liking	
The Glen Helen Rack n Ribs	£17.95
Sirloin steak with pork ribs and a side order of your choice	
Black pepper or Diane sauce	£2.50

All of the above dishes are served with a dauphinoise potato and a red cherry tomato and rocket salad with a side order of your choice

Seafood Selection

Sea Bream	£14.95
Pan fried fillets served on a dauphinoise potato with a creamy Manx crab sauce	
Salmon Steak	£14.95
Supreme of Salmon, poached on a bed of fresh asparagus with a minted hollandaise sauce	
King Scallops	£14.50
King Scallops pan seared in garlic butter served on a garlic Crustini with a mixed salad	
Baked Herb Crusted Cod Steak	£14.95
Oven baked with a herb crust served with a mint puree	
Manx Lobster Pasta	£17.95
Local lobster with penne pasta in a Creamy Dijon mustard sauce	

All of the above dishes include a side order of your choice

Main Courses

Homemade Steak & Ale Pie	£9.95
Chunky pieces of steak in ale gravy topped with a puff pastry top and served with homemade chunky chips	
Homemade Lasagne	£9.95
Beef lasagne topped a creamy white sauce and served with garlic bread	
Char Grilled Lamb Cutlets	£15.50
Pan-seared local lamb cutlets served on a bed of bubble & squeak with rosemary jus and a side order of your choice	
Barbary Duck Breast	£15.50
Pan-fried breast of Duck, served on a dauphinoise potato with wild berry and orange sauce and a side order of your choice	
Stuffed Chicken Breast	£13.50
Breast of Chicken sealed & baked in the oven, stuffed with a cream cheese and spinach mousse & accompanied with a wild mushroom sauce and a side order of your choice	

Vegetarian Selection

Vegetable Stir-fry	£9.95
Julienne vegetables, bamboo shoots & water chestnuts served with fine egg noodles	
Roasted Pepper Stuffed with Cous Cous.	£9.95
A Roasted Pepper stuffed with cous cous and a tomato & Basil sauce	
Blue Cheese & Broccoli Tagliatelle	£9.95
Flat ribbon pasta cooked with broccoli florets & finished with a creamy blue cheese sauce	
Mushroom Risotto	£9.95
A rich-flavoured creamy mushroom rice dish	

All of the above dishes are served with our very
Own oven baked Garlic Bread

Side orders

Pimento rice	£2.50
Homemade chips	£3.25
Sautéed potatoes / garlic sautéed potatoes	£2.95
House mixed salad	£2.50
Garlic bread / with cheese	£2.50 / £2.95
Mushrooms	£2.95
Jacket potato	£2.50
Seasonal Vegetable Selection	£2.50

Desserts & Homemade puddings

£4.50

Please ask a member of our staff for today's choice of Desserts & Homemade puddings

Coffee Liqueurs

£4.50

Our liqueur coffees are made with a generous measure Of a spirit of your choice, blended with freshly made coffee & topped with double cream

